

THE FARRINGDON FLYER



JANUARY 2023

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FARRINGDON RINGMASTER and FACEBOOK

For those of you not aware who have computers, the ringmaster is a way of informing residents of important events. To be added to the circulation list please send an email to Nigel Dutt at the following address : farringdon.ringmaster@hotmail.com

There is also a **Farringdon Parish** Facebook group for Parish Residents
The Flyer will be posted on the Facebook Group page and website fra.chessck.co.uk

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thefarringdonflyer@gmail.com

Welcome to the January 2023 Flyer

First of all a Happy New Year to all our readers. Hopefully 2023 will be more uneventful than 2022.

It was however lovely to reinstate the Carol Service followed by refreshments in the Village Hall for the first time since 2019. Numbers were a bit down on previous years but a total of £384 was still raised to be shared between St Petock Centre Exeter and Crisis for Christmas. A further £90 of Gift Aid equivalent will be donated later in the year.

I am happy to say that we are able to continue delivering black and white paper copies of the Flyer to all residents of Farringdon. This is possible due to the much appreciated assistance of Mantracourt Electronics Ltd of The Drive, Farringdon who are producing the copies.

We will continue to publish on the Village Facebook page and the Parish Website in colour.

Contributions to the Flyer would be appreciated by **the 22nd of the Month** please

Starting this month and hopefully continuing at least for the year we are including a regular recipe from a local resident. Any similar contribution would be appreciated.



CALLING ALL FARRINGDON PAST AND PRESENT RESIDENTS

Do join us for a Coffee Morning in the Village Hall on Saturday January 7th

between 10-30am and 12 noon

It is hoped that if popular these coffee mornings will continue on the first Saturday of each month throughout the year.

Monthly Recipe

DAFFY's STEW

This is an easy one to throw in the slow cooker before work & is perfect for these cold wintery nights, lovely served with some crusty bread.

700g stewing beef/shin

1 tin of french onion soup

2 potatoes

2 carrots

2 sticks of celery

1 large parsnip

1 onion

3 cups of beef or chicken stock

1/4 cup of pearl barley

50g of dwarf/runner beans, diced (you could use 1/2 cup of diced frozen beans)

1 tin of tomatoes (I chop mine)

Method:

- Dice potatoes, carrots, celery, parsnip & onion. Dice the potatoes slightly larger than the other veg otherwise they will break up.
- Dice beef into large cubes & season with salt & pepper.
- Place beef & veg into slow cooker, add liquid stock, french onion soup, pearl barley & tomatoes.
- Stir all ingredients thoroughly. Put slow cooker on low & cook for approx 7-8 hours. If you put it on high it will take about 5 hours.
- When the stew has about an hour to go add the beans.
- With these ingredients you don't need to thicken the stew but if it is abit watery at the end of cooking & you prefer a thicker stew, you can thicken it by adding 1-2 teaspoons of cornflour. Just remember to make cornflour into a paste with a little water or some of the gravy before you add it to the stew.

Enjoy!

Farringdon Residents Association update

The Farringdon Residents' Association would encourage everyone to respond to the changes proposed by EDDC to the **Local Plan**.

The deadline for responding to EDDC's proposed changes is **15th January 2023**

It is important that you express your views about the changes before the deadline.

EDDC are encouraging comments through their Commonplace consultation website at <https://eastdevonlocalplan.commonplace.is>

Anyone struggling with the technology can mail

admin@farringdon-devon-residents-assoc.org

for help and advice.

Unfortunately minutes of the Farringdon Parish Council Meeting 6/12/2022 are not yet available Full PC minutes once approved will be available on the PC page of the village website:
fra.chessck.co.uk

Farringdon Parish Council wish all parishioners a very Happy and Peaceful New Year. The next Parish Council Meeting is scheduled for **7.30 pm Tuesday January 10th 2023** at Farringdon Village Hall.

The Parish Council wishes to advise all parishioners to participate in the new Emerging Local Plan consultation and submit their comments asap. The consultation closes on January 15, 2023. Details of the plan and the proposed new development town can be accessed through the East Devon District Council website - Emerging Local Plan See also the update from the Residents association on the previous page.

***MAKE SURE YOU REPORT THOSE BAD
SMELLS AND NOISE!!
DON'T SUFFER IN SILENCE!!! ACT AS SOON
AS IT HAPPENS!***

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and website fra.chessck.co.uk

WHAT TO DO IN THE EVENT OF A FLOOD

In the event of a flood, there are many authorities available to help. Below outlines who should be contacted for the various types of flooding incidents and emergencies that occur. The local authorities rely on information reported to them to inform any investigations and prioritization of investment. If it is an emergency and there is danger to life as a result of flooding, you should not hesitate to call 999

To report flooding of the highway and blocked drains contact Devon County Council's Highway Customer Service Centre on 0345 155 1004 or visit the Roads and Transport webpage. Office hours are Monday to Friday 8am – 8pm and Saturdays 9am – 1pm. For emergencies outside of these hours call 01392 383329

For any flooding on major trunk roads (the M5, A30, A38, A35 and A303) contact the Highways Agency on 0300 123 5000 (24 hour service)

To report flooding from sewers and water pipes contact South West Water on 0344 346 2020 (24 hour service)

For enquiries about flood warnings contact the Environment Agency's Floodline on 0345 988 1188 (24 hour service)

For general enquiries about Main River or flooding from the sea contact the Environment Agency on 03708 506 506

For all other flooding enquiries contact the Devon County Council Flood Risk Management Team on 0345 155 1015 or email floodrisk@devon.gov.uk

Preparing for a flood

Please refer to Devon County Council and Environment Agency web pages for advice on what to do before, during and after a flood. In the first instance of flooding and sandbag requests contact your local District or Parish Council to be directed to any local sandbag supplies that may be available.

Sign up to flood warnings: <https://www.gov.uk/sign-up-for-flood-warnings>

Flood Alert: Flooding is possible. Be prepared.

Flood Warning: Flooding is expected. Immediate action required.

Severe Flood Warning: Severe flooding. Danger to life

Warnings no longer in force: No further flooding is currently expected

REPORTING NOISE, BAD SMELLS AND ODOURS

If you are concerned about noise, a bad smell or odour you should contact both the Environment Agency and the EDDC Environmental Health (who have a 24 hour reporting service)

Environment Agency Hotline 0800807060

EDDC Environmental Health – During working hours 01395517457

_ During out of hours 01395 516854

Please call at the time you are experiencing this

In addition _email ics@environment-agency.gov.uk

1) name, address, or post code or phone contact#

2) where suspected smell is coming from

3) when smell first noticed

4) rate odour 1 (low) - 6 (high)

5) weather conditions (if known)

6) if residence, can you smell odour or hear the noise from inside the house with windows opened, with Windows closed.

POTHOLES, ROAD OBSTRUCTIONS AND ANY OTHER MATTERS RELATING TO ROAD CONDITIONS. Please do not contact the Parish Clerk regarding the above. The correct contact number is Devon Highways on

<https://www.devon.gov.uk/roadsandtransport/report-a-problem/>

Tel 0345 155 1004

NOTICE TO PARISHIONERS- THE PARISH COUNCIL WISHES TO BE INFORMED OF MINOR ROAD REPAIRS (PLEASE REPORT POTHOLES TO DEVON COUNTY COUNCIL NOT THE PARISH COUNCIL). email: clerkfarringdonparishcouncil@gmail.com with details

For specific issues relating to Highways in the Farringdon Parish residents can also contact :

Helen Selby NHO (Neighbourhood Highways Officer)

Neighbourhood Highway Team: Eastern

Telephone number: 01392 385673

Email address: helen.selby@devon.gov.uk



Vicar's article

After my second dose of radiotherapy, after the late queen had died, I wrote the following:

A time for reflection.

*Often have I heard these words -
and yet ...*

How little I understand.

*How can our new king
find time to reflect?*

*How did our heavenly King
find time to withdraw?*

... by creating space.

*Space I found in
Sunday Worship this am.
Time to withdraw,
to think, and to write.*

*There is a time to speak
... and a time to be silent.*

*If ever there is a time
to be silent, said our Scottish Reverend,
this is it.*

*In the silence of our hearts,
in the stillness of Holyrood Palace,
in Westminster Hall, ...
Wherever.*

*Be still – and listen.
Con-tem-plate.*

The Sunday Worship referred to was the early service on Radio 4, led by a Scottish minister. During my radiotherapy, I tried quite hard to come to church, but my body was unable to do so. I had to just listen, and rest. The fact that the service was during a national time of remembrance added to how the silence spoke.

In a way, this is an odd message for the beginning of a New Year, but for me, and perhaps for others, it's as if things have moved on, or I have.

On New Year's Day, we traditionally think of the naming of Jesus, as well as re-making a commitment to God (the second idea is from the Methodist tradition of a "Covenant Service"). What does the name of Jesus mean to us now?

For many they only use the name of Jesus as a swear-word, or rather as blasphemy. I don't like it, but it is difficult to protest in this secular culture (about which we are continually reminded).

However, most people, at some stage in their life, even men, do pray. Perhaps we do this when times are hard, or there is some national crisis, or bereavement is in the air.

Perhaps we do it even more if our own life is threatened, or it seems to be ending sooner than we had expected.

Our Diocesan Bishop quoted some better poetry than mine about prayer, by Ann Lewin, who likens prayer to sitting on a riverbank, watching for a glimpse of a kingfisher:

*'Prayer is like waiting for the
Kingfisher. All you can do is
Be where he is likely to appear, and Wait'.*

(Bp Robert, Ad Clerum Dec 2023, quoting Ann Lewin)

We could learn from this in our New Year, learning to spend more time in silence, in waiting, and also, I suggest, catching the beauty of a moment – like in the brilliant flash of a passing kingfisher, for instance.

May I wish all readers a very happy, peaceful and thoughtful New Year
Blessings

Bill L
Vicar

Any baptisms, marriages, funeral services or hospital visits may be arranged by contacting

the Church Admin Officer Jill Dupain dupain@hotmail.co.uk or the Church Warden Dawn Cowler on 01395 232249

for pastoral help please contact Revd Bill Lemmey

01395 232161 or revbillwhitecross@gmail.com

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Zoom Services in the White Cross Mission Community

Morning Prayer Mondays, Wednesdays and Fridays @ 9.30

Children services Every 4th Sunday @ 9.30

Please email Jill at Dupain@hotmail.co.uk for the zoom address (It is the usual Rev Bill zoom address for those who have been on zoom before)

DO YOU NEED ASSISTANCE WITH THE COST OF YOUR CHILD'S EDUCATION?

ARE YOU STRUGGLING WITH UNIVERSITY FEES, THE COST OF SCHOOL TRIPS, MUSICAL TUITION etc?

If so, the church may be able to help you. There is a charitable trust called the Challice Educational Foundation which is able to offer assistance to children under the age of 25 years of age who live in Farringdon.

If you think we may be able to help, do telephone me for a chat to discuss your needs. Dawn – 01395 232249

YOUR CHURCHYARD NEEDS YOU

If anyone could spend an hour or so to help out with the maintenance of the churchyard, this would be most appreciated.

This could be mowing, strimming or keeping the graves and hedges tidy.

If you could spare a little time to help please contact David on 01395 232459

Church Services in the White Cross Mission Community for January

Sunday January 1st		First Sunday after Christmas Day	
9.30am	Woodbury Salterton	Holy Communion	Rev Bill
9.30am	Clyst St Mary	Breakfast Family Service	Lay led
11.15am	Woodbury	Holy Communion	Rev Sid Humphries
11.15am	Aylesbeare	Holy Communion	Rev Margaret Scrivenor
6.00pm	Exton	Evening Worship	Rev Bill
Sunday January 8th		First Sunday after the Epiphany	
9.30am	Exton	Holy Communion	Rev Sid Humphries
9.30am	Clyst St George	Breakfast Family service	Rev Bill
11.15am	Farringdon	Holy Communion	Rev Chris Cant
11.15am	Woodbury	Holy Communion	Rev Margaret
11.30am	Aylesbeare	Baptism	Rev Bill
Sunday January 15th		Second Sunday after the Epiphany	
9.30am	Clyst St Mary	Holy Communion	Rev Bill
9.30am	Exton	Morning Worship	Lay Led
9.30am	Woodbury Salterton	Breakfast Family Service	Lay Led
11.15am	Aylesbeare	Family Service	Rev Bill
6.30pm	Woodbury	Evensong	Rev Peter Nickols-Rawle
Sunday January 22nd		Third Sunday after the Epiphany	
9.30am	Farringdon	Morning Worship	Rev Bill
10.30am	Woodbury	Café Church	Lay Led
11.15am	Clyst St George	Holy Communion	Rev Margaret Scrivenor
Sunday January 29th		Fourth Sunday after the Epiphany	
11.15am	Woodbury	Whole Mission Holy Communion with Baptism	Rev Bill and Team

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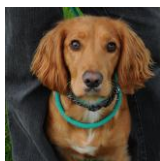
EXETER FOODBANK

Would you like to support Exeter Foodbank and help those who are struggling to feed their families. If so ,please drop in anything from the following priority list to the Church.

There is a collection box just inside the door. The Church is generally open between 9.30am and 6pm but if it should be locked please leave any items in the porch.

PRIORITY ITEMS

- FRUIT SQUASH
 - FRUIT JUICE
 - TINNED MEAT
 - TINNED POTATOES
 - BISCUITS
 - NOODLE SNACKS
 - JAMS AND SPREADS
 - CUSTARD
 - SPONGE PUDDING
 - COFFEE (100G)
-
- HOUSEHOLD ITEMS (WASHING UP LIQUID, WASHING CAPSULES ETC)
- see exeter.foodbank.org.uk/give-help/donate-food



ARC Animal Rescue Centre

Charity No 278696
Chineway Road,
Ottery St Mary EX11 1PL

We are a small local animal charity who have been taking in and re-homing dogs for 50 years.

If we can be of any help please visit our website at www.arcrescue.co.uk, or contact us by email at arcrescue@gmail.com, or telephone **01404 81 5487**.

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Center Manager



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The health walks are led by qualified volunteer walk leaders who have undergone the national 'Walking the Way to Health' training, as well as training in first aid and resuscitation. Health walks are available in your area on Tuesdays, Wednesdays and Saturdays. For more information please contact Andrew Dare on 01404 814317





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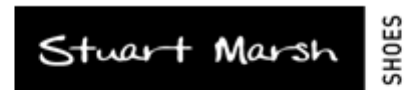
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Francis and Waveny (formerly of Rydon
Motors) who were keen supporters*